Gian Berselli and Jérémy Marais Creative Stillness



The fact that **Gian Berselli** and **Jérémy Marais** are world travelers is quite obvious in their new collaboration **Creative Stillness**. Born on separate continents, Berselli in South America and Marais in Europe, they seemed to have meshed well in creating a contemporary and ambient album that is both soothing and imaginative. This is going to be an incredible undertaking. Follow me.

**Rasa Silvia**, (perhaps the essence of the forest), has Marais playing the dreamy alto saxophone over a rhythmic theme of soft percussion,

blowing wind, and incorporating a medium tempo. The swaying melody is hypnotic, allowing for the listener to get into that mind opening trance state. A good beginning.

Wind and rain, the sax, and a dramatic undertone of sound are found in the track, **Insight.** The melodey is mildly labyrinthine as it edges toward a place where thoughts go to be pondered and developed. The music is infused with a subliminal calmness and it echoes without bounds. My favorite track on the album is called **Acrobaleno All'Interno**. The upbeat, loping tempo is fun and entrancing and the sensual, saxophonic theme just sort of grabs you and away you go. It has a suggestion of making the listener take stock and reflect on the future.

**Mouna** has a desert dwelling, Middle Eastern flavor courtesy of the vocal by **Shivpreet Singh**. The album theme of creative stillness is complementary to the idea of Mouna, or silence. The search for a truly quiet environment is ongoing. Outside forces are strong. Berselli & Marais' music offers a hidden path. Ironically, a musical road to silence.

**Dalat** is filled with the sounds of people talking, working, and interacting. The expansive solo sax tune creates a vivid, colorful picture of life. On the tune **In the Beginning There Was Water** the Tibetan bowl pulsates among sounds of rain and the dainty tinkling of an mbira, a kind of finger harp from Africa played by **Eyal Freedman**. Murmuring background and echoing sax fills the tune with waves of thoughtful nuance.

Mossy rocks, lush green plantings, and nature sounds make up the tune **Zen Garden**. The pathway is there to take or not take. The quiet is there to be appreciated. A cascade of rain from the tiled roof makes a tiny waterfall, but you can still hear the soft, background drone, the harp, and the gentle, bell-like tones. You can easily get lost in this Zen Garden.

Gian Berselli and Jérémy Marais' thought-provoking music allows you to take a trip around the world using your mind as a conveyance and your spirit as the well-traveled passenger. All eight tracks share the theme of creating an environment that fosters escapism, even if it is for a short while. Pretty much everyone on the planet needs a little respite from recent events. You could not spend your time any better that listening to and enjoying Creative Stillness. Highly recommended. - R J Lannan, Artisan Music Reviews